



Providing Care and Promoting Recovery

We are a friendly family-run provider of domiciliary and supported living care services. At Panacea Care we provide a safe and caring environment for those in need of a helping hand. We hope our enthusiasm and passion will allow service users to experience a more satisfying and meaningful life.

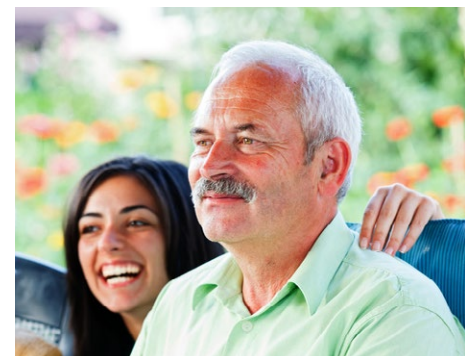
Supported Living

We offer 9-5 supported living with on call facility and 24/7 with sleep in staff supported living schemes for adults of all ages within the Greater London area. The aim of the service is to provide a safe and homely environment that promotes empowerment, independence, choice and enabling individuals to move on to more independent living setting.

Care in Your Home

We understand support and care requirements vary from person to person. Whilst some people might require multiple hours of support on a daily basis, others may only need domiciliary care for just an hour a week. That's why we've designed our home care services to be individualised and also flexible. Please call us for more information.

Rated **"Good"** by the Care Quality Commission.



Specialisms and Services

- > Anorexic
- > Anxiety
- > Bipolar disorder
- > Depression
- > Forensic support service
- > Learning disabilities
- > Mental health needs
- > Personal care
- > Physical disabilities
- > Sensory impairments
- > Substance misuse problems
- > Caring for adults under 65 yrs
- > Caring for adults over 65 yrs

Motivational support

It's the little things in life that often bring the most joy; sharing a joke with friends at a local meeting, cooking a delicious meal, singing or listening to music, volunteering help, learning how to paint or make ceramics, how to grow vegetables, and so the list goes on. But when suffering from ill-health it can be difficult to see how such activities are possible or worthwhile and how such distractions can make us feel more connected.

At Panacea Care, we offer constant encouragement and help individuals by providing structured activities. We can also offer a range of in-house psychological therapies such as Motivational Interviewing, CBT and Counselling session to help our service users resolve ambivalent feelings and insecurities to find the right motivation they need to change their behaviours.

Accommodation and Location

We offer supported living within the Greater London area. Our properties are attractive, traditional homes with clean and modern communal living rooms and kitchens, and located in pleasant residential areas with easy access to local amenities. For example, our accommodation in Hayes is within easy reach of the park, gym, library, theatre, shops, supermarket, pharmacy, GP surgery, places of worship, adult learning centre and has excellent public transport links. We're happy to adjust room decor according to taste, and residents are encouraged to furnish their rooms as they wish.



We Offer the Following

- > 9am–5pm supported living and floating support services in the community
- > 24/7 supported living with sleep in staff
- > Support to develop a range of daily living skills such as cooking, cleaning, budgeting and shopping
- > Support with medication
- > Support with personal budgets, managing bills, completing forms
- > Support to apply or appeal for benefits
- > Emotional support and encouragement
- > Support to establish personal safety and security
- > Advice, advocacy and liaison
- > Help in gaining access to other services to maintain stability
- > Help to build and develop individuals confidence in terms of dealing with wide range of situations
- > Support to facilitate and attend meetings and appointments with professionals
- > Support with spiritual and religious needs.
- > Support with social, leisure and educational activities
- > Support to take on voluntary or work experience placement
- > Offer in-house talking therapies
- > Out of hours support and help line

Our location

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Referral contact

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